



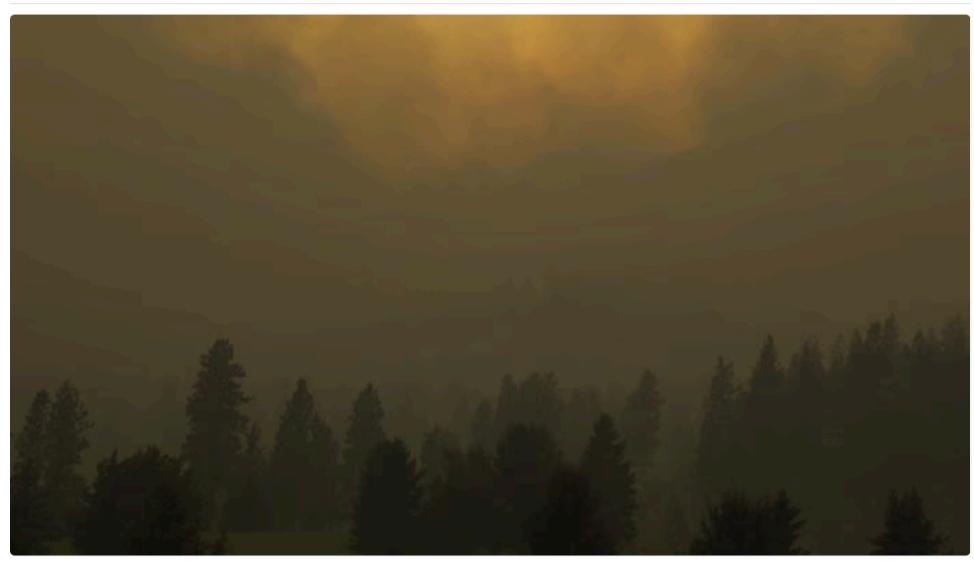
CDC's website is being modified to comply with President Trump's Executive Orders.

Wildfires and Your Safety

AT A GLANCE

- Take steps to be ready for a wildfire and prepare your home and landscaping to reduce your risk.
- Learn how to protect yourself and your family from a wildfire, evacuate safely during a wildfire, and how to stay healthy when you return home.

Who is at increased risk





Wildfire smoke can make anyone sick, but some people have a higher risk of getting sick.

Wildfire smoke can reach far away from where fires burn. Wildfire smoke can make anyone sick, but some people have a higher risk of getting sick, such as <u>children</u>, people who have <u>chronic conditions</u>, and people who are <u>pregnant</u>. Be ready to protect yourself against smoke and ash before, during, and after a wildfire.

How Wildfire Smoke Affects Your Body

Wildfire Smoke and Children

Wildfire Smoke and People with Chronic Conditions

Wildfire Smoke and Pregnancy

Prepare for wildfires



Take steps to be ready for a wildfire and prepare your home and landscaping to reduce your risk from a wildfire.

More and more people make their homes in areas that are prone to wildfires. You can take steps to be ready for a wildfire and prepare your home and landscaping to reduce your risk from a wildfire.

Keep Reading: Preparing for Wildfires

Stay safe during a wildfire



Reduce your exposure to wildfire smoke.

It's important for everyone to <u>reduce their exposure to smoke</u> \square . <u>Wildfire smoke</u> irritates your eyes, nose, throat, and lungs. It can make it hard to breathe and make you cough or wheeze. <u>Children</u> \square and people with <u>asthma</u>, <u>COPD</u>, heart disease, diabetes, chronic kidney disease, or who are <u>pregnant</u> need to be especially careful about breathing wildfire smoke.

Keep Reading: Safety Guidelines: Wildfires and Wildfire Smoke

Stay safe after a wildfire



Take steps to protect yourself and your loved ones when returning to your home after a fire.

If your home was affected by a wildfire, do not return home until authorities say it is safe. Take steps to protect yourself and your loved ones when returning to your home after a fire.

Keep Reading: Safety Guidelines: After a Wildfire

Resources

- <u>Natural Disasters and Severe Weather</u>
- Fighting Wildfires | NIOSH | CDC
- Prepare For Fire Season (airnow.gov)
 PDF
- <u>Wildfires | Ready.gov</u>
 □
- <u>NFPA Firewise USA®</u> [⊿
- Fire Weather ☑
- Fire and Smoke Map (airnow.gov) 🖄
- HeatRisk | Tracking | NCEH | CDC

SOURCES

CONTENT SOURCE:

National Center for Environmental Health